

D3 <sup>K2</sup>



### Food Supplement D3 & K2 Drops 20ml

✓ For babies and children

- Without preservatives and dyes
  - ✓ Without sugar
  - ✓ Suitable for vegans
  - ✓ Daily dose: 2 drops

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# **Vitamin D**

Vitamin D: the "sunshine vitamin"

Vitamin D is produced in human's skin in response to sunlight. It's a fat soluble vitamin and its' compounds are vitamins D1, D2 and D3. Also, certain foods and supplements can ensure adequate levels of vitamin D in your blood. Lack of vitamin D can result in bone abnormalities such as osteomalacia, osteoporosis, etc.

**Functions:** 

- $\checkmark\,$  Protects bones and helps in preventing bone diseases
- ✓ Boosts your mood
- ✓ Boosts immunity





# Vitamin K

Vitamin K doesn't refer to one particular nutrient but is a group of compounds which the most important among them are vitamins K1 and K2. Vitamin K primarily functions as a coenzyme, a protein that speeds up a reaction, for the synthesis of proteins involved in blood clotting and bone metabolism.

### **Functions:**

- ✓ Deposits calcium in bones and teeth
- Contributes to the maintenance of normal bones as well to normal blood clotting
- ✓ Activates the proteins that allow your body to use calcium







# D3 & K2 Drops 20ml

Food supplement for babies and children. With vanilla coconut flavor.

### <u>D3:</u>

- Helps the body to easily absorb calcium and phosphorus
- ✓ Helps in the normal growth and development of bones and teeth
- Facilitates the normal function of the immune system

### <u>K2:</u>

- $\checkmark$  Prevents the accumulation of calcium deposits in your arteries
- Ensures strong, healthy teeth and bones and cardiovascular system
- ✓ Acts as an antioxidant preventing free radical damage in the body

#### The synergistic relationship between Vitamins D & K:

The combination of D3 and K2 helps to build strong bones and support healthy arteries. While vitamin D ensures that there is enough calcium in your blood, vitamin K helps direct calcium to the right place. So while Vitamin D alone may help with your calcium absorption, vitamin K is the nutrient that helps your bones use that calcium effectively.

**Daily dosage:** Take at least 2 drops. Instill directly into the child's mouth or mix the drops with water, juice or food.

Vitamin D3: 5µg/2drops Vitamin K2: 25µg/2drops

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# THANK YOU!



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